Our Lady of China 2024 Youth Group Retreat

WHEN: Friday, April 19, 2023 @ 6:30pm through Sunday, April 21, 2023 @2:00pm

Parents and family are welcome to join us at 11:00am on Sunday for mass followed by potluck BBQ. We will have hamburgers and hot dogs. Please RSVP in the registration form if you can join us so we have an estimate of overall headcount and bring a side dish or dessert to share!

WHERE: Freedom Center: 13951 Freedom Center Ln, Leesburg, VA 20176

COST: *REGISTRATION* \$180 for those who register on or before March 19, 2024 includes food, lodging, t-shirts,

and all activities. Please subtract out \$50 if you provided a deposit in October 2023.

LATE REGISTRATION (after March 19, 2024) - \$200

REGISTRATION -

See form at https://www.ourladyofchina.net/ygretreat. Please register on or before March 19, 2024.

Options for Payment & Forms

Please provide 1) check (made out to **Our Lady of China Pastoral Mission**) or electronic payment 2) permission form, 3) participant emergency information form, and 4) youth code of behavior to one of the people below. Please also print, sign, and return the Freedom Center waiver. This is required by all participants staying at the Freedom Center including adults. All signed forms are **REQUIRED** in advance of the retreat. Flora Chow will be collecting them as we need physical copies with actual signatures in case of emergency.

- Chinatown: Flora Chow | Rockville: Hua Tang
- Electronic Options:
 - o PayPal to Jim Tang (pickle15@gmail.com)
 - Zelle to Ying C Wang 202-730-6667
 - Venmo to Gloria Chou (gloria.c.chou@gmail.com | 571-888-2602); Signed forms can be electronically scanned and emailed to gloria.c.chou@gmail.com

What to Bring:

• A Bible, an open heart, comfortable clothes, jacket/sweat shirt, sleeping bag/blankets, pillow, toiletries, towel, flashlight, and a serving spirit!

What **NOT** to Bring:

• Personal Electronics (phones, iPods/mp3 players, iPads/laptops, etc.): As we are trying to connect on a deeper with God and each other, please unplug and leave electronics at home. If you do bring them, we will have a stow away bag in which we will store them until the end of the retreat. Note that the Youth Group leaders will have their phones available in case you'd like to phone your family in the evening or if they need to reach you. We will also taken plenty of pictures and share them electronically with the group!

Parent Volunteers

- **Carpools:** On the registration form, please let us know if you can drive others to the retreat so we can coordinate rides for all who need them.
- **Food Run:** We need a parent who can go to Costco and shop for retreat food on Friday night including pizzas for Friday night dinner. We will provide a food list and receipts can be submitted for reimbursement.
- BBQ Griller: Grill hamburgers and hot dogs during potluck BBQ.

Freedom Center

Lodging: We have reserved 2 Lodges. The guys will stay in *Liberty Lodge* while girls will be in *Wilderness Lodge*. **Events:** We hope their new chapel will be complete but otherwise, we'll have all activities in their commercial event tent with a concrete floor, fitted with ample windows, electricity, heating, and seating arrangements reminiscent of our traditional chapel setup.

Parking: Parking is allowed only in the main parking lot at the north entrance. Only cars displaying handicap placards or plates are allowed to be parked elsewhere on the grounds. Cars are allowed to unload and load only at check-in and check-out. Exceptions must be cleared prior to check-in. There is a minimum \$100 charge for damage to lawns or grounds from improperly parked vehicles.



Alternate Emergency Phone Number:

Youth Group Retreat Permission Form

RELEASE AND CONSENT FORM

(Minors 18 and under)

I,						
any infractions of the rules may result in immediate dismissal from future Youth Group activities. In the event that I cannot be reached, I hereby grant permission for my son/daughter to be evaluated, diagnosed, treated and/or medicated in accordance with standard medical practice by licensed medical personnel. I authorize the Our Lady of China Pastoral Mission Youth Group Leaders and/or the person(s) designated by him/her to make appropriate decisions in regard to my child's health. Permission is hereby granted to Our Lady of China Pastoral Mission to use the photographs and quotations						
of my son/daughter to assist in community awareness, educational efforts, or related public relations purposed that may include brochures, posters, website and print media.						
My child agrees to abide by all rules and regulations as outlined in the Youth Code of Behavior . I understand that Our Lady of China Pastoral Mission and the Archdiocese of Washington will not be held liable if my child fails to cooperate with said regulations and that any infractions of the rules may result in immediate dismissal from future Youth Group activities. 2024 Youth Group Retreat: Adult Volunteer Leaders						
Jess Chen	(667) 231-8376	Tony Chu	(510) 913-6499			
Jie Chen	(301) 667-8866	Liz Hum	(240) 731-3688			
Gloria Chou	(571) 888-2602	Thomas Wang	(301) 717-4422			
Parent or Legal Guardian signature Date						
Contact Phone Numb	er:					

PARTICIPANT EMERGENCY INFORMATION FORM (Minors 18 and under)

MEDICAL INFORMATION: My son/daughter is allergic to (medication/ food/ other): My son/daughter must take the following medications and will be bringing enough medication for______. (Indicate medication, dosage, frequency, etc. Medication must be given one of the **Adult Volunteer Leaders** to hold/administer): You should be aware of these special medical conditions of needs of my child: (Dietary, medical, mental health, walking assistance, bee sting allergies, other conditions) In the event that it comes to the attention of the Our Lady of China Pastoral Mission Adult Volunteer Leaders associated with the activity that my child becomes ill with symptoms such as headache, vomiting, sore throat, fever etc. I would like to be notified immediately: \square Yes \square No Please check the box if you would like no medication of any type (prescription or non-prescription) may be administered to my child unless the situation is life threatening and emergency treatment is required. \square No medication Please provide the following information about insurance: Insurance Name: Policy Holder: Policy #: Group #: Date of last Tetanus Booster: In case of emergency notify: Relationship to Youth: Daytime Phone: **Evening Phone:** Parent or Legal Guardian signature Date

YOUTH CODE OF BEHAVIOR

The following guidelines will ensure a fun and safe experience for all of us:

- 1) All participants, adults and youth, will be held to the highest Christian standards of morality.
- 2) Participants are expected to attend all events on time and participate fully. Personal Electronics (phones, iPods/mp3 players, iPads/laptops, etc.) are <u>not</u> allowed during the retreat.
- 3) The possession of alcohol and illegal drugs is clearly prohibited and is cause for dismissal.
- 4) Participants are expected to remain on Freedom Center grounds at all times and follow all **Freedom Center (FC) General Rules** outlined below:
 - 1. Food and drinks are allowed only in the meeting areas, dining hall or outdoors. Please do not take food or drinks into the bedrooms.
 - 2. Please park in the designated parking areas.
 - 3. Smoking is not allowed in any building and is strongly discouraged on the property.
 - 4. Consumption, possession and/or distribution of any alcoholic beverages, illegal smoking products or drugs are strictly prohibited. Any guest found to be in violation of this rule will be escorted from the property with no refund of fees, and the local authorities will be notified as appropriate.
 - 5. FC boundaries are clearly marked with paint or tape on trees. Please do not trespass on other's property.
 - 6. No furniture or equipment may be removed from their designated areas or from the property. Mattresses must remain on the bunk frames.
 - 7. Please do not tamper with, remove, or disable smoke detectors or fire extinguishers.
 - 8. No pets are allowed in the buildings or on the property, with the exception of official guide or therapeutic dogs. Documentation of necessity must be produced upon inquiry.
 - 9. Firearms, fireworks, bows & arrows, air guns/BB guns or weapons of any type, or their use in hunting or any other activity are forbidden on the property or the surrounding properties.
 - 10. "Catch & Release" fishing is allowed on our pond. You must supply fishing gear.
 - 11. No motorcycles, trail bikes, ATV's or similar vehicles are allowed off of the main roads.
 - 12. Help us conserve electricity and water. Turn off the lights when the room is not being used, and make sure faucets are turned off.
 - 13. Only the group leader/ counselor should handle adjustment of the heat thermostats.
 - 14. FC operates with a septic system. Please do not flush anything in the toilets except toilet paper. All other items need to be placed in the trash cans.
 - 15. FC staff must approve fires in the pavilion grills or fire pits first, and water and appropriate equipment must be nearby. Your group is responsible for ensuring any fire is completely out before leaving the area. Please do not break or cut down trees for firewood. If you are not making a charcoal fire, there is plenty of dead wood on the ground that you can use. Do not pull wood from existing stacks without permission.
 - 16. The natural environment is for everyone to enjoy. Please do not pick or cut any plants or trees. We also discourage approaching, calling to, touching or picking up any wildlife.
 - 17. Costs to repair/replace any damaged items, property, equipment or furniture will be charged to the organization.
 - 18. If a group uses the chapel kitchen, conference rooms, meeting rooms, or recreational areas, they need to be swept cleaned and returned to original condition.

In the event that a behavior problem requires disciplinary action, Our Lady of China Pastoral Mission Youth Group Leaders or designee will address the situation and make the necessary decision. I understand and agree to the Youth Code of Behavior. I also understand and agree that my parents or legal guardian will be notified at the time of any infractions requiring my dismissal from the 2024 Youth Group Retreat and that I will be sent home at my own and or parent's/guardian's expense.

will be sent home at my own and or	parent's/guardian's expense.	
Youth signature	 Date	